

Sutab

DO NOT EAT ANY SOLID FOODS ON THE DAY BEFORE YOUR TEST

Clear Liquid diet only

The bowel preparation solution will be consumed in two parts

Sutab Colon Cleanse Instructions **Day before Exam**

Step 1 – At 4 pm take 2 Dulcolax caplets with a glass of water

Step 2 - At 6 pm open the bottle of 12 Sutab pills. Fill the included cup with 16 oz. of water (up to the fill line.) Take each pill with a sip of water drinking the entire 16 oz. of water within 20 minutes.

Step 3 - Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

Step 4 - Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

Sutab Colon Cleanse Instructions **Day of the Exam**

Step 5 - At 2 am open the bottle of 12 Sutab pills. Fill the included cup with 16 oz. of water (up to the fill line.) Take each pill with a sip of water drinking the entire 16 oz. of water within 20 minutes.

Step 6 - Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

Step 7 - Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

Step 8 – You may continue to drink **clear liquids until four (4) hours prior to your arrival time.**

*Please remember that your bowel movements should look like urine after finishing your prep.



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